Approved for Release: 2022/01/19 C06828377

CELEBRATE

AFRICAN-AMERICAN HERITAGE MONTH

Tuesday, February 7th

11:00am-2:00pm at (b)(4)

Roast Ribs of Pork
with Peanut Sauce

Beef with Onions
and Red Wine Sauce

Spoon Bread

Whipped Sweet Potatoes

Seasonal Vegetables

$0.48 per oz

SPOTLIGHT: EDNA LEWIS, CHEF

After leaving her hometown of Freetown, Virginia, (founded by her emancipated grandfather), Edna Lewis set out for New York City. Eventually she opened Café Nicholson in Manhattan, cooked for the stars and became a local legend. She is the award-winning author of three cookbooks, ensuring that traditional Southern foods and preparations will live on.

GUEST SERVICES

Legendary Hospitality Since 1917

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CELEBRATE

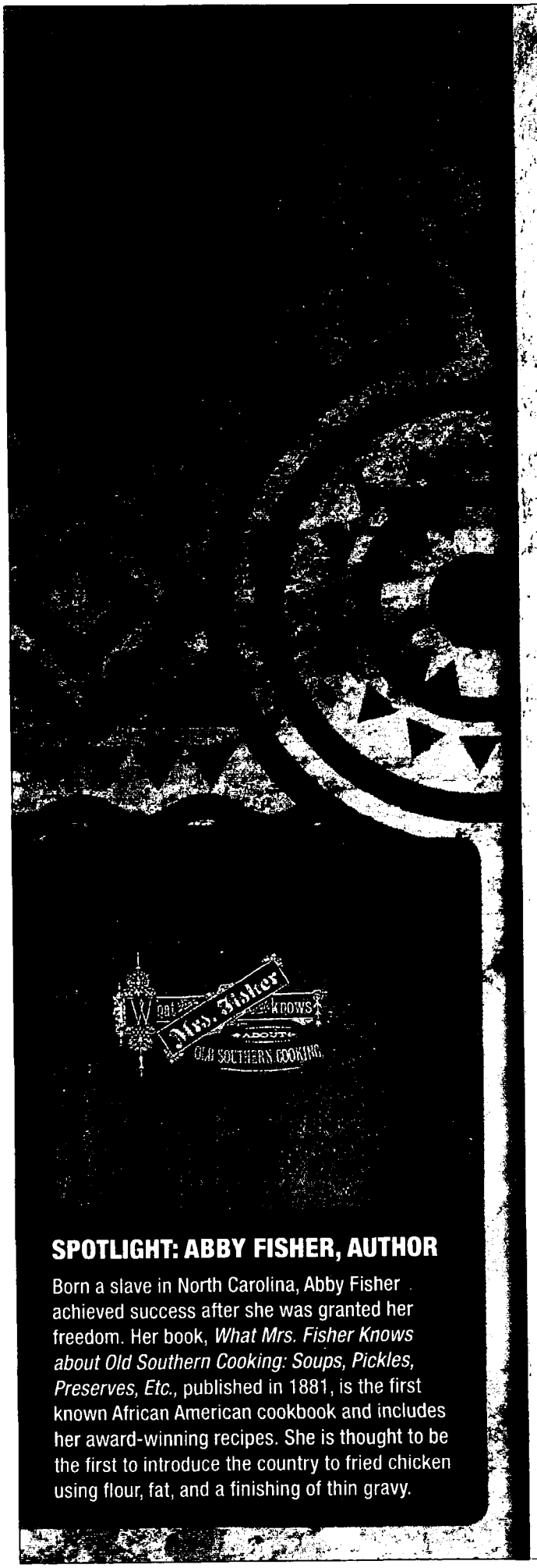
AFRICAN-AMERICAN HERITAGE MONTH

Wednesday, February 8th

11:00am-2:00pm at (b)(4)

Chicken and Waffles

$5.99



SPOTLIGHT: ABBY FISHER, AUTHOR

Born a slave in North Carolina, Abby Fisher achieved success after she was granted her freedom. Her book, *What Mrs. Fisher Knows about Old Southern Cooking: Soups, Pickles, Preserves, Etc.*, published in 1881, is the first known African American cookbook and includes her award-winning recipes. She is thought to be the first to introduce the country to fried chicken using flour, fat, and a finishing of thin gravy.

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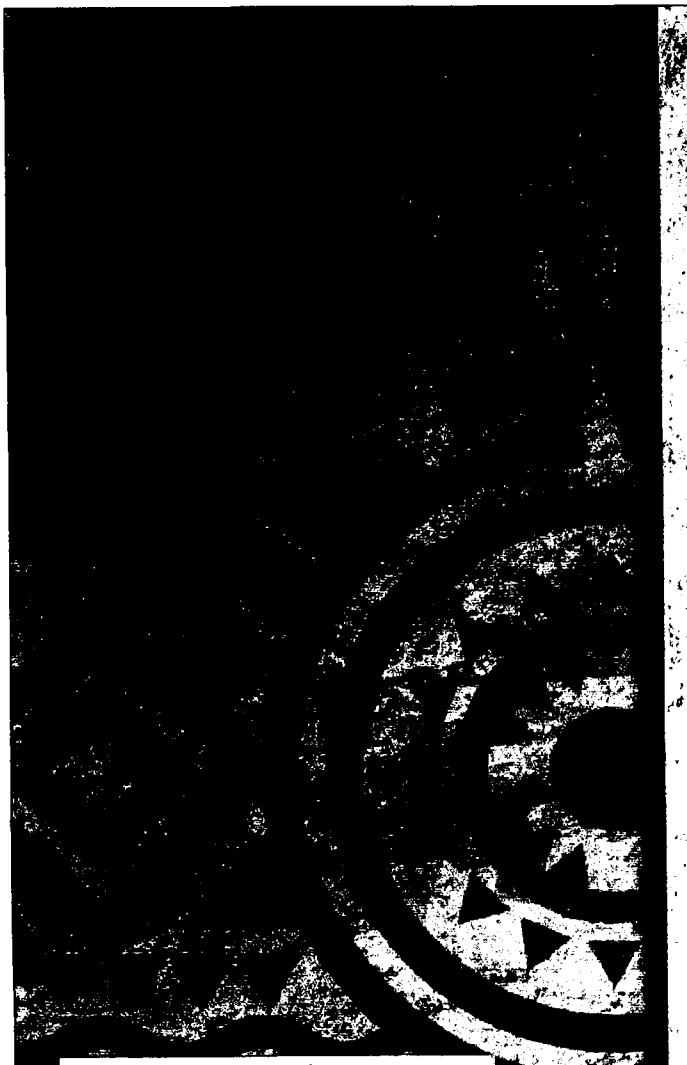

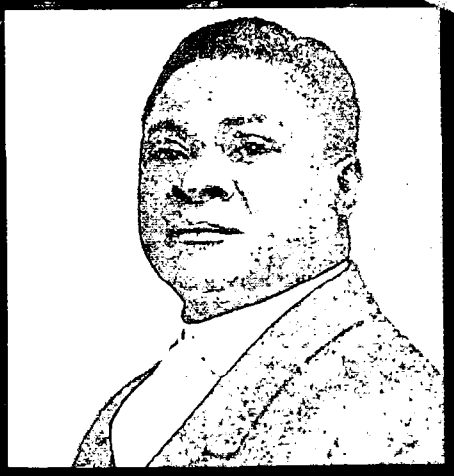

SPOTLIGHT: RUFUS ESTES, CHEF

Author of the first cookbook written by an African-American chef *(Rufus Estes' Good Things to Eat)*, Rufus Estes started his life a slave, but died a free man. After years of working in restaurants and private car services, he found himself catering to presidents Benjamin Harrison and Grover Cleveland, among other dignitaries.

In 1911, he self-published a book containing 600 of his recipes—the earliest known cookbook by a black railway chef.

CELEBRATE

AFRICAN-AMERICAN HERITAGE MONTH

Thursday, February 9th

11:00am-2:00pm at (b)(4)

Roast Beef with
Fried Potato Cakes

Chow-Chow Pickles

Seasonal Vegetable

$0.48 per oz

GUEST SERVICES
Legendary Hospitality Since 1917

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